

13 June 2017

KIA ORA KOUTOU

PRINCIPAL'S NEWS

Play Based Learning - The Junior teachers visited Pukerua Bay School last week to see how their Play Based Learning programme operated. This is something that many schools in Upper Hutt, and indeed NZ, are exploring and it makes great sense, especially when you hear experts talk about the development of the brain for 3-7 year olds and see children engaged in Play Based Learning.

Have a listen to Nathan Mikaere-Wallis on Radio NZ talking on this topic: <http://bit.ly/brainscience3to7>. Nathan is a great speaker and someone all our teachers saw speak on this topic earlier this year.

Play based Learning is huge overseas and involves an approach in which the teacher supports, scaffolds and gifts new knowledge using intentional teaching methods.

We are lucky to be chosen as a trial school for a “playpod” that has been developed by Activation at Upper Hutt City Council. We are very excited to see how this is used by our students in the next couple of weeks. More information on this here: <http://www.playpods.co.uk/> and a youtube video here: <https://youtu.be/nqi1KyJJJeKq>

Updated Physical Guidelines for Children - The Sit Less, Move More, Sleep Well – Physical Activity Guidelines for Children and Young People guidelines include new sleep recommendations as well as updated advice on amount of physical activity children and young people need. They are well worth bearing in mind.

The updated advice includes:

- Uninterrupted good-quality sleep of 9 to 11 hours per night (for those aged 5 to 13 years) and 8 to 10 hours per night (for those aged 14 to 17 years), with consistent bed and wake-up times.
- An accumulation of at least one hour per day of moderate to vigorous physical activity involving a variety of aerobic activities.

Vigorous physical activities, and activities that strengthen muscle and bones should also be incorporated at least three days a week.

- No more than two hours per day of recreational screen time.
- Breaking up sitting time and participating in a variety of light physical activities for several hours.

These are available online here: <http://bit.ly/sitmovesleep>

NZEI Heartland Better Funding Camper Van – This van will be visiting our school on Monday 26th June at lunchtime (1.15pm). The visit is to promote awareness to both staff and our parent community about the struggle schools are constantly facing to be able to fund support staff wages each year, due to the insufficient funding being put into school operational grants.

As you know, in 2016 schools did not receive any increase to this funding, and yet support staff were still entitled to receive their annual increments, putting extra pressure on schools' Boards of Trustees and Principals to try and manage their tight budget.

Teacher Aides, Librarians, Office Administrators and other support staff do essential and highly valued work to support children's learning.

NZEI is currently in negotiations for this sector, we are attempting to talk to the Government about how the ongoing inadequacy of the operational grant forces many schools to reduce much needed support staff hours. This is a terrible situation which of course does have an effect on the very children many support staff work with, along with the teachers in the classrooms - a very worrying trend.

Parents are welcome to come down to find out more information and talk with those on the van, so if you get a chance, show our support staff that they have our support and pop in. Thanks.

Dumplings! – This Wednesday, as part of our Mandarin lessons our senior students will have the opportunity to make Chinese dumplings as part of a “Discover China” workshop organised through the Confucius Institute. Thanks to Sylvia Sun, our Mandarin Language Assistant who

has made sure the children have this opportunity to experience Chinese culture as well as the language.

Plateau Facebook - All our blog posts, Flickr photos and recent school news are gathered on our Facebook page making it the “one stop shop” for school events.

www.facebook.com/plateauschool

*What we learn with
pleasure
we never forget.*

- ALFRED MERCIER

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PROFESSORS

Fairbrother Family – Kelly would like to say a huge thank you to everyone who has supported them in some way after the sudden loss of Scott. She really appreciates it. The school will be passing on the koha that has been very kindly donated by some families. If you would like to help out in some way, a “give-a-little” page has been set up for the family by the Crossfit team along with Kerry McGall and Tania Langerveld. The link for this page is <https://givealittle.co.nz/cause/thescottfairbrotherfamily>.



Wig Wednesday 2017 – Get your wig on and fundraise for Kiwi Kids with cancer!

Every week more than three children in New Zealand are diagnosed with cancer and at any given time Child Cancer Foundation is assisting more than 500 families nationwide.

Child Cancer Foundation provides one-to-one, personalised support to Kiwi children diagnosed with cancer and their family. Child Cancer Foundation aims to ensure children and their families are supported, informed and remain connected at every stage of their cancer journey.

Child Cancer Foundation receives no direct funding from the government, so relies on the generosity of New Zealanders to support its cause. Therefore we are holding a Wig Wednesday on Wednesday 21st June, so come to school wearing your craziest wig and bring a gold coin donation with you! (If you don't have a wig, you could just do something crazy with your hair!).

Beanies – Our fabulous knitted Plateau School beanies are back for the winter. We have some available for you to buy for \$5.00 each. Call in to the office and have a look. A huge thanks goes to Ewan and Mia Batson's grandmother for knitting these.

SPORTS NEWS

Soccer – Soccer practice is **NOT** on today after school.

Netball – Once again our teams put a huge effort into their games. The results were:

Plateau Ferns played St Joes and lost 11-2; Player of the Day was Mariah Carroll-Knight.

Plateau Firebirds played Silverpine and won 24-3; Player of the Day was Abbie Tudor.

Plateau Stars won 6-2; Player of the Day was Devyn Burns.

Good luck for this Saturday!

Trace Powell
NETBALL CO-ORDINATOR

DATES FOR YOUR DIARY

June

Tuesday 20 th	- Interschool Swimming Sports
Thursday 29 th	- School Gym
Friday 30 th	- School Gym

July

- Tuesday 4th - Polyfest / Kapa Haka Festival
Thursday 6th - Reports sent home
Friday 7th - Last day of Term 2 (finishing at 3pm)

TERM DATES FOR 2017

- Term 1 - Tues 31st January – Thursday 13th April (102 half-days)
Term 2 - Mon 1st May – Fri 7th July (98 half-days)
Term 3 - Mon 24th July – Fri 29th September (100 half-days)
Term 4 - Mon 16th October – Fri 15th December (88 half-days)

PLATEAU SCHOOL 50TH SCHOOL REUNION - FRIDAY 25TH MAY AND SATURDAY 26TH MAY 2018. BOOK THIS DATE IN YOUR DIARY! PLEASE REMEMBER TO SHARE THE LINK TO THE PLATEAU 50TH REUNION FACEBOOK PAGE ON YOUR TIMELINE SO THAT WE CAN SPREAD THE NEWS FAR AND WIDE! (AND REGISTER YOUR INTEREST IF YOU WOULD LIKE TO ATTEND!). DON'T FORGET TO "LIKE" AND "SHARE" OUR 50TH REUNION FACEBOOK PAGE! - www.facebook.com/plateau50

SCHOOL LUNCHES



School Lunches – School lunches this week:

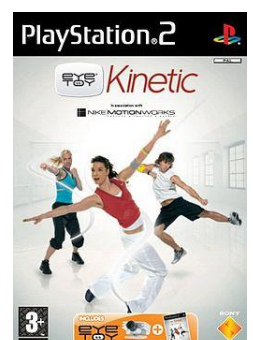
Thursday – Subway (\$5.00 mini sub pack, \$6.00 6" sub pack).

Friday – Mince Pie or Mince & Cheese Pie - \$4.00 each.



ROAD SAFETY SPOT: SAFETY OF PLATEAU SCHOOL STUDENTS & THEIR FAMILIES: If your children are 5 years old or under, walk with them to school or preschool if you can.

PUSH PLAY! – Play an active video game with friends (Nintendo Wi, Dance Factory, Eye Toy, etc).





GREEN SPOT – Tips for greener, cleaner living. Everyday ways for us to help make a healthier planet – Drive carefully and do not waste fuel – You



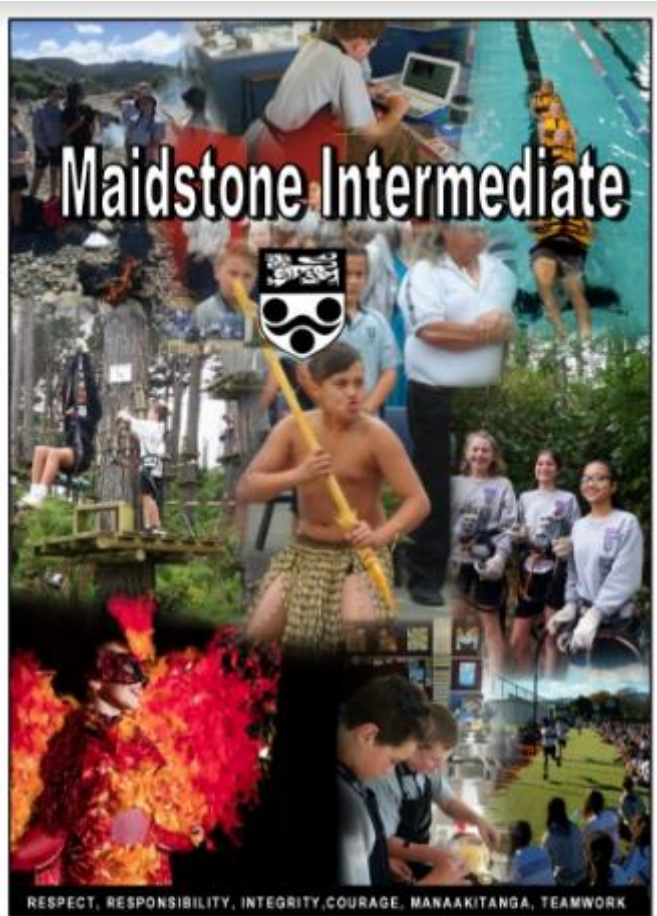
can reduce CO2 emissions by adjusting your driving style. Choose proper gears, do not abuse the accelerator, use the engine brake instead of the brake pedal when possible, and turn off your engine when your vehicle is motionless for more than one minute. By adjusting your driving style you can save money on both fuel and car maintenance.

HOME & SCHOOL NEWS



TWILIGHT MARKET – This will be held on Friday 23rd June. There will be a coffee cart and pizza bus for those who don't have time for dinner! Keep an eye on the Home & School Facebook page for more information.

COMMUNITY NEWS



Kids Cross Country Series

The next event in the Brendan Foot Supersite Kids Cross Country Series is at Mt Victoria. It's a mini mountain run. Each event has 500+ kids, aged 4 to 13. There are three more events you can take part in: Sunday 25 June at Mt Victoria, Sunday 9 July in Tawa, Sunday 13 August in Petone. Come along, join the fun. Only \$8 to enter. Book at last one week prior to each event and you'll receive a printed race bib with your child's name on it. For more info or to enter go to athleticshub.co.nz or contact jo@athleticswellington.org.nz

INFORMATION EVENING

Wednesday 28 June 2017

7.00—8.00 pm in the School hall

Redwood Street, Elderslea, Upper Hutt.

Parents and Caregivers are invited to join us to find out what Maidstone can offer their children. The 2018 Prospectus and enrolment form will be available at the meeting.

SCHOOL IN ACTION DAY

Tuesday 4 July 2017

9.00—12.00 pm

Redwood Street, Elderslea, Upper Hutt.

Caregivers/Students are invited to visit the classrooms and see learning in action.

You are asked to report to Reception on arrival where Maidstone students will be available to take you on a tour of the school.

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[Elder Abuse Hits Close to Home](#) - Age Concern is raising awareness of elder abuse during Elder Abuse Awareness Week from 15-22 June 2017 which begins on World Elder Abuse Awareness Day on 15 June 2017.

Something many people find shocking is that elder abuse often happens

within families. Many older people feel ashamed their own flesh and blood are treating them badly and this shame or stigma means people don't always report abuse. This is one of the reasons it stays hidden. **It's not ok** - Age Concern New Zealand needs help stopping elder abuse in our communities. We need your support to speak up and make sure we all play a part protecting our older Kiwis.

Unfortunately [Age Concern elder abuse statistics](#) show that:



75% of alleged abusers are family members  
50% of the alleged abusers are adult children or grandchildren  
50/50 - alleged abusers are as likely to be female as male  
Please seek help if you suspect any abuse is happening -  
[www.ageconcern.org.nz](http://www.ageconcern.org.nz).

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Under 13 Boys / Girls Trials

Date: 9 July 3pm - 5pm

16 July 3pm - 5pm

Venue: Walter Nash Stadium Courts 4 & 5

BBNZ Under 13 Regional Championships – players must be aged either 10, 11 or 12 years by 31 December of the year in which the competition is held.

REGARDS HUTT VALEY BASKETBALL ASSOCIATION

QUIZ NIGHT

When: 5:30pm Sunday 18th June

Where: Aston Norwood Gardens (1747 Main Rd North Kaitoke Upper Hutt)

Why: Raising fund for the children and mothers at Loloma Home - a home for abused mothers and orphaned children to live in safety.

- Hints and answers will be available for purchase
- Food and drink available for purchase
- Under 12's Free

All you need to do is come up with a quirky team name and a team of **up to 8 people**

If you are interested, you can book a table through Aston Norwood Gardens

Phone: 04 5266639

Email: functions@astonnorwood.co.nz

We thank you in advance for your support.



ASTON NORWOOD
CAFÉ ~ WEDDINGS ~ FUNCTIONS

PRIZES UP FOR
GRABS

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